EUDEC
Capture the Flag

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The Playing Field

* Large field split into two equal halves
* Center line must be very clearly marked
* In each half a round "flag area" with flag
  * Far from the center line
  * Diameter about 3-4 metres

Black Team's Half

Black Flag Area

Center Line

White Team's Half

White Flag Area

Required Material

* Two flags of different colour
* Strips of cloth worn as team identification
* Something to mark field and center line
* Something to mark the round flag areas

Game Preparation

* Prepare the field lines and the flags
* Form two equally strong teams
* Decide on how many scores to win
* Herd each team into its half of the field
* Let the games begin and have fun...

Basic Game Play

* There's a lot of running involved...
* ...but leaving the game field is not allowed
* Capturing the other team's flag scores
* Touch of opponent in his half freezes you
* The opponent's flag area is safe, no freezing

How to Score a Capture

* Your team's flag is in your flag area
* Touch your flag with the other team's flag
* After scoring, game pauses and flags return

What Freezing Means

* Stand still with arms behind head...
* ...until touched by non-frozen team-mate
* Holding hands to prevent freezing is not ok

Rules for Your Half

* You may not enter your flag area,
  * except to bring back your flag, or score
* When you touch an opponent he must freeze
  * unless he is in your flag area, where you may not go and you may not touch him

Rules for Other Half

* When an opponent touches you, you freeze...
* ...unless you are in his flag area (of course)
* Opponent takes any flag you were carrying