

EUDEC

Capture the Flag

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The Playing Field

- * Large field split into two equal halves
- * Center line must be very clearly marked
- * In each half a round "flag area" with flag
 - * Far from the center line
 - * Diameter about 3-4 metres

Black Team's Half

White Team's Half

Black Flag Area



White Flag Area



Center Line

Required Material

- * Two flags of different colour
- * Strips of cloth worn as team identification
- * Something to mark field and center line
- * Something to mark the round flag areas

Game Preparation

- * Prepare the field lines and the flags
- * Form two equally strong teams
- * Decide on how many scores to win
- * Herd each team into its half of the field
- * Let the games begin and have fun...

Basic Game Play

- * There's a lot of running involved...
- * ...but leaving the game field is not allowed
- * Capturing the other team's flag scores
- * Touch of opponent in his half freezes you
- * The opponent's flag area is safe, no freezing

How to Score a Capture

- * Your team's flag is in your flag area
- * Touch your flag with the other team's flag
- * After scoring, game pauses and flags return

What Freezing Means

- * Stand still with arms behind head...
- * ...until touched by non-frozen team-mate
- * Holding hands to prevent freezing is not ok

Rules for Your Half

- * You may not enter your flag area,
 - * except to bring back your flag, or score
- * When you touch an opponent he must freeze
 - * unless he is in your flag area, where you may not go and you may not touch him

Rules for Other Half

- * When an opponent touches you, you freeze...
- * ...unless you are in his flag area (of course)
- * Opponent takes any flag you were carrying